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Determination of Hydrochlorothiazide in Plasma by High Performance Liquid Chromatography (HPLC)

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Research Article

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Abstract

Retention times for hydrochlorothiazide (HCTZ) and chlorothiazide (CTZ, internal standard) are highly temperature-(20°-26°) as well as pH-dependent (3.5-6.3). Separation of both drugs is maximized in the pH range 6.3 to 6.9. The 10:90 v/v acetonitrile: 0.01 M sodium acetate ratio was necessary to resolve endogenous interferences. Resolution with this mobile phase was sufficient to permit quantitation at 225 nm, where absorbance is almost twice that obtained at the absorption maximum (270 nm). Calibration curves of peak height ratio versus concentration were linear over the concentration range of 20-700 ng/ml, and the intercept was essentially zero.

Keywords: Hydrochlorothiazide; Human plasma; HPLC; Reverse phase; Internal standard; pH effect

Abbreviations: HCTZ: Hydrochlorothiazide; CTZ: Chlorothiazide

Introduction

Several analytical procedures, including gas liquid chromatography with electron capture detection and normal phase as well as reverse phase HPLC have been shown to be of sufficient sensitivity (<25 ng/ml) and specificity for quantitation of HCTZ (6-chloro-3,4-dihydro-2H-1,2,4-benzothiadiazine-7-sulfonamide 1,1-dioxide) in human plasma after ingestion of a single dosage unit of the drug [1-6]. In attempting to apply one of the above procedures of the necessary sensitivity in our laboratory there was found in some plasma samples an apparently endogenous interference which made it impossible to quantitate HCTZ [5]. Through procedural changes such as optimization of pH for extraction, introduction of an acid wash of the ethyl acetate extract, use 5 µm reverse phase packing material and modification of the mobile phase, it was possible to eliminate interference with HCTZ quantitation and to eliminate occasional extraneous peaks of long retention time. The method provides efficient separation of HCTZ from CTZ, allowing the latter to be used as internal standard, and potential allowing HCTZ to be used as an internal standard for quantitation of CTZ.

Experimental

Materials

HCTZ and CTZ were obtained from Merck Sharp & Dohme (West Point, PA, U.S.A.). Ethyl acetate (Fisher Scientific, Fair Lawn, NJ, U.S.A.), methanol (Fisher Scientific, Fair Lawn, NJ, U.S.A.) and acetonitrile (J. T. Baker, Philipsburg, NJ, U.S.A.) were of HPLC grade. Ethyl

acetate and methanol were distilled from glass; undistilled methanol yielded a peak eluting at approximately 13 min at 26°. Water was house distilled and all other chemicals were of reagent grade (Fisher Scientific, Fair Lawn, NJ, U.S.A.). Pooled human plasma was purchased from the Central Kentucky Blood Center.

Apparatus

A Milton Roy (Rivera Reach, Fl, U.S.A.) Minipump model 396/2396 and a Waters (Milford, MA, U.S.A.) Wisp 710A auto samplers were coupled to a 5 µm Ultrasphere-ODS (4.6 x 250 mm) reversed phase column (Altex Scientific, Berkeley, CA, U.S.A.). The analytical column was protected by a guard column (40 x 4.6 mm ID) packed with Co: Pell ODS (Whatman, Clifton, NJ, U.S.A.). Absorbance of eluent was monitored at 225 nm with a Varichrom variable wavelength model VUV-10 detector (Varian Associates, Palo Alto, CA, U.S.A.). The absorbance output (2 AU/V) of the detector was connected to both channels of Houston Omniscibe recorder (Houston Instruments, Austin, TX, U.S.A.). Full range recorder spans of 10 and 100 mV were to provide on-scale peaks.

Mobile Phase

A mixture of acetonitrile-0.01 M sodium acetate (10:90 v/v) was filtered through a 0.45 µm nylon-66 membrane filter (Rainin Instrument, Woburn, MA, U.S.A.) and deaerated. The mobile phase was pumped at a rate of 1.4 ml/min and developed a pressure of 2600 p.s.i. at 20°.

Stock Solutions and Standards

Stock solutions containing 0.4, 1, 2, 4, 8, and 14 µg/ml HCTZ and 10 µg/ml CTZ in methanol were prepared and were stable for more than two weeks when refrigerated. One hundred µl of each standard solution was transferred to a 16 mm culture tube and the methanol was evaporated at 40° under a stream of nitrogen. To each tube 2 ml of plasma was added after which tubes were closed with PTTE lined screw cap and vortex-mixed for 1 minute. The resulting plasma based standards containing 20, 50, 100, 200, 400 and 700 ng/ml HCTZ and 500 ng/ml CTZ were processed according to the extraction procedure described below.

Procedure

To each 2 ml plasma standard 4 ml of toluene was added. After shaking for 10 minutes and centrifuging for 3 minutes, the toluene layer was aspirated and discarded. Two ml of 0.2 M phosphate buffer pH 6 and 5 ml of ethyl acetate were added to the remaining solution. After shaking for 10 minutes and centrifuging for 3 minutes, most of the ethyl acetate layer was transferred to a clean tube and 5 ml of 1 M HCl was added. After shaking for 10 minutes and centrifuging for 3 minutes, the ethyl acetate layer was transferred to a disposable screw cap culture tube and evaporated to dryness under nitrogen flow at 40°. It is essential that ethyl acetate be removed completely; therefore the evaporation step was allowed to proceed for approximately 45 minutes. The residue was reconstituted in 80 µl of methanol, and 20 µl was injected onto the column.

Plasma samples were processed in the same manner, except that each 2 ml plasma sample was added to a culture tube containing 1 µg of CTZ from which the carrier 100 µl of methanol was removed by evaporation under nitrogen flow at 40°. Removal of methanol was necessary to prevent formation of an emulsion during extraction with ethyl acetate layer.

Peak height ratios of HCTZ to CTZ were plotted versus HCTZ concentration in ng/ml, and the resulting calibration curve was used to calculate the plasma concentrations of unknown samples.

Results and Discussion

As shown in chromatograms for blank and spiked human plasma presented in Figure 1, retention times for CTZ and HCTZ are 8 and 17.5 minutes, respectively, at 20°, providing adequate separation from each other and from endogenous plasma components. Retention time is highly temperature-dependent, being 5.5 and 14.5 minutes, respectively for the same compounds at 26°. Calibration curves of peak height ratio versus concentration were linear over the concentration range of 20-700 ng/ml and the intercept was essentially zero. The correlation coefficient for 31 determinations was 0.999±0.0009. Table 1 presents day to day precision over this concentration range.

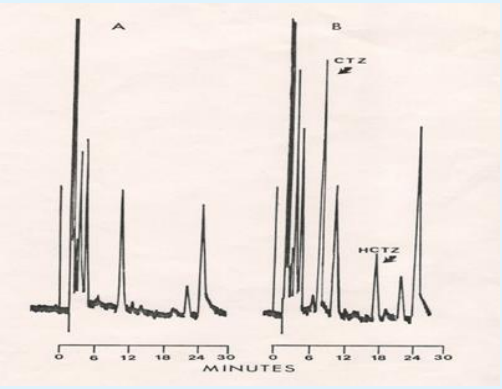


Figure 1: A chromatogram of pooled plasma either blank (A) or supplemented with 100 ng/ml hydrochlorothiazide (HCTZ) and 500 ng/ml chlorothiazide (CTZ).

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Concentration in plasma[ng/ml]	Mean HCTZ conc. in plasma observed (S.D.) [ng/ml]	n [a]	% C.V.[b]
20.0	19.3 (2.3)	5	12.2
50.0	50.9 (4.4)	5	8.6
100.0	100.9 (4.0)	6	4.0
200.0	194.2 (14.7)	6	7.6
400.0	399.5 (11.4)	6	2.8
700.0	703.1 (16.8)	3	2.4

[a]Number of data point at each concentration.
[b]Coefficient of variation in % or relative standard deviation.
Table 1: Precision data for quantitation of hydrochlorothiazide (HCTZ) in plasma

In addition to using CTZ as internal standard, major changes from the Barbhaiya, et al. procedure [5] included acidification of plasma with 2 ml of 0.2 M phosphate buffer of pH 6.0, introduction of an HCl wash of the ethyl acetate extract, and modification of the mobile phase.

The buffer specified in the present procedure reduces plasma pH to 6.2 prior to extraction. Although Barbhaiya, et al. [5] specified an acetate buffer of pH 3.8, the 0.5 ml of 0.01 M buffer added is not sufficient to reduce the pH appreciably below 7.0 pKa for HCTZ [5,7]. Acidification of plasma is even more critical for extraction of CTZ which has a pKa of 6.7 [8].

Introduction of an acid wash of the organic phase after extraction of plasma was found by Robinson and Cosyns L to aid in removal of interfering material and this procedure was applied in the current method [3]. A further wash of the ethyl acetate layer with 5 ml water following the acid wash yields even cleaner chromatograms and allows run time to be reduced; however, there is some loss of CTZ as well, and this procedure was not included in the present method.

Table 2 illustrates the effect of pH on retention times of HCTZ and CTZ for a mobile phase consisting of acetonitrile: acetate buffer (15:85 v/v). Retention times for HCTZ and CTZ decline as pH of acetate buffer is increased from 3.5 to 5.0. From pH 5.0 to 5.4 there appears to be a slight increase in retention, and then from 6.3 to 6.9 retention time again decreases. More importantly, separation of HCTZ from CTZ is maximized in the latter pH range. The 15:85 v/v acetonitrile: acetate buffer mobile phase is adequate for many plasma samples, but the 10:90 v/v ratio was necessary to resolve endogenous interferences observed in some samples. Resolution with this mobile phase was sufficient to permit quantitation at 225 nm, where absorbance is almost twice [3] that obtained at the absorption maximum of approximately 270 nm.

Acetate buffer pH	Retention time [min]	
	HCTZ	CTZ
3.5	14.0	12.0
4.0	10.5	8.5
5.0	10.0	8.0
5.4	11.0	9.0
6.3	11.0	6.5
6.5	10.5	6.0
6.9	9.0	5.0

[a]Mobile phase: acetonitrile : 0.01 M acetate buffer (15 : 85 v/v).
[b]Temperature: 23° C, flow rate = 1 ml/min.
Table 2: Effect of pH of mobile phase on retention time of hydrochlorothiazide (HCTZ) and chlorothiazide (CTZ)[a, b]

Conclusion

Our method presented is feasible to be used for bioavailability studies of generic 25 mg tablets of hydrochlorothiazide used nowadays in medical practice.

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